

Careers Resource Information Pack

Information for Students & Parents and Carers

GUIDES FOR PARENTS & CARERS

Parental Guidance - articles, news, updates and helpful information for parents and carers about the best way to advise your son or daughter. www.parentalguidance.org.uk/

Skills Builder: activities and videos that help young people build eight essential skills: Listening; Speaking; Problem-Solving; Creativity; Staying Positive; Aiming High; Leadership & Teamwork. Choose the steps (which are generally matched to your child's year group) and then select the skill to access relevant resources that can be used at home: <https://www.skillsbuilder.org/homelearning>

Success at Schools – eBook for Parents & Carers A preview of the 2020 guide for parents and carers. An informative introduction to Post-16 options. Includes a section outlining careers related to GCSE & A' Level subjects. https://drive.google.com/file/d/1MlfjptfS4Z4XOc388_VYRoW7HlqYn87X/edit

Suffolk SEND 16+ Transition Guide - This guide is for parents/carers of young people on SEND support or who have an Education, Health & Care Plan to help them plan and transition onto their next chapter: <https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/advice.page?id=eIDW9oe0rLk>

Youth Employment – advice and guidance on how to help keep your child informed and get involved in their career planning opportunities. <https://www.youthemployment.org.uk/careers-advice-for-parents/>

Parents' guide to engineering careers: a helpful insight into the wide range of engineering roles and how you can support young people who are interested in finding out more about the skills needed and pathways that are available. <https://tomorrowsengineers.org.uk/media/95293/leaflet-parents-guide-to-engineering-careers.pdf>

CAREER AND LABOUR MARKET INFORMATION RESOURCES

Some of the following websites provide similar information. Try using them all and see which ones you prefer.

EAST OF ENGLAND LINKS

ICanBeA.org.uk – Research different careers and sectors. Match potential careers with your skills and interests. Please sign up, using your Sybil Andrews Academy email address, so that you can keep track of your interests and choices. <https://www.icanbea.org.uk/>

Suffolk Work & Skills: Information for young people aged 13-19, 3rd Edition.- Explore the twelve key sectors in Suffolk and discover the different roles within those sectors. Also includes links to key employers. <https://www.suffolk.gov.uk/assets/Children-families-and-learning/activities-work-experience-and-advice/Suffolk-Work-and-Skills-12-2019.pdf>

New Anglia LEP Careers & Coffee YouTube videos – Regular live interviews with professionals in a wide range of careers. Confirmed interviews include a Crown Court Judge, Fashion Model and leaders from the construction, finance and energy sectors. Students are able to ask questions during live broadcasts via YouTube comments. View previous interviews and see the future schedule at <https://www.youtube.com/channel/UCMQWGt6SdsGQF-KJcQ7JTwQ/featured>

New Anglia LEP Regional Employment Opportunities - Updated fortnightly by New Anglia LEP, this is a great source of vacancy information across all the key employment sectors in Suffolk and Norfolk.

<https://newanglia.co.uk/employment-opportunities/>

The Source www.thesource.me.uk/ - A Suffolk website for information about issues that may affect students. Also includes careers information

NATIONAL LINKS

Barclays LifeSkills – Lots of tips on how to plan, understand your skills and virtual work experience tips.

<https://barclayslifeskills.com/young-people>

BBC Bitesize – Research your favourite subjects and discover how these might be relevant to future study or jobs.

Check out the search facility on BBC Bitesize, which has a range of articles that might interest you.

<https://www.bbc.co.uk/bitesize/articles/zhst2sg>

iCould – career videos and written articles covering all sorts of occupations. www.icould.com

CareersBox– free online library of careers related film, news and information. www.careersbox.co.uk

LearnLiveUK – search the latest careers video broadcasts from LiveLearn. <https://learnliveuk.com/videos-index/?category=careers>

National Careers Service - Over 800 job profiles – see the skills and qualifications you need, what the work is like, salary and career prospects. www.nationalcareersservice.direct.gov.uk

Speakers for School – a frequent schedule of live online talks plus an extensive video bank of previous speakers from a wide range of careers. <https://www.speakersforschools.org/inspiration/vtalks/upcoming-vtalks/>

StartProfile - A careers profile website, which enables you to match your qualities, skills, likes and dislikes to different types of jobs. Join using your school email address. www.startprofile.com/

Success at School – lots of resources about careers, professions and skills plus advice on CVs and interviews. <https://successatschool.org/>

The Female Lead – a campaign that encourages ambition in girls and young women, providing accessible role models for girls. www.thefemalelead.com The Female Lead also has an Instagram channel and broadcasts live interviews with inspirational women who discuss their careers. https://www.instagram.com/the_female_lead

The Wow Show Careers Cast - a selection of videos featuring questions posed by students to employers in the Health, Construction and Creative Industries. These videos also include tips on the Employability Skills students will need to succeed in the future. <https://www.thewowshow.org/>

Youth Employment UK – a useful source for exploring skills, careers, volunteering as a Youth Ambassador and finding out more about Youth Friendly employers. <https://www.youthemployment.org.uk/employment-help-young-people/>

SPECIFIC PROFESSION & SECTOR LINKS

Careers in STEM (Science, Technology, Engineering & Maths)

Future Morph - Career opportunities from Science and Maths: <http://www.futuremorph.org/>

Maths Careers – Lots of maths related careers from the UK's Institute of Mathematics:
<https://www.mathscareers.org.uk/>

Royal Society of Biology – Becoming a Biologist:
https://www.rsb.org.uk/images/Becoming_a_Biologist_Degrees_and_Careers_in_Biology.pdf

Royal Society of Biology – A focus on technicians: <https://www.rsb.org.uk/careers-and-cpd/careers/employment/technicians-careers-profiles>

Target careers – what type of jobs are there in finance? <https://targetcareers.co.uk/career-sectors/finance/18-what-types-of-jobs-and-employers-are-there-in-finance>

Tech Future Careers – an introduction to exciting tech roles across different sectors
<https://www.tpdegrees.com/careers/>

Tomorrow's Engineers – An introduction to engineering roles, the skills needed and pathways available:
<https://tomorrowseengineers.org.uk/media/95265/leaflet-what-is-engineering.pdf>

Construction

RIBA - <https://www.architecture.com/>

GoConstruct: <https://www.goconstruct.org/learn-about-construction/find-the-role-for-you/ultimate-quiz/>

Creative & Digital

Creative Careers: <https://discovercreative.careers>

Fashion & Retail Academy: <https://www.fashionretailacademy.ac.uk/>

Screenskills (Screen Industries) <https://www.screenskills.com/careers/job-profiles/>

Energy & Renewables

Energy & Utilities careers: <https://www.energyutilitiesjobs.co.uk/>

Food

Tasty careers in Food & Drink: <https://tastycareers.org.uk/>

Public Service careers:

(Updated:25/6/2020)

The Armed Forces - There are specific application routes for students who are interested in joining the military. Find more information at the following websites:

www.army.mod.uk/careers/

<https://www.raf.mod.uk/recruitment/>

www.royalnavy.mod.uk/careers

Careers in the NHS & Ambulance Service

General Careers Information: <https://www.healthcareers.nhs.uk/>

Information specifically for young people: <https://www.stepintothens.nhs.uk/>

Careers in the Police & Fire Service

The Police Service: <https://www.joiningthepolice.co.uk/>

Suffolk Fire and Rescue Service: <https://www.suffolk.gov.uk/suffolk-fire-and-rescue-service/working-for-suffolk-fire-and-rescue/>

Instagram Sites

Some organisations now have specific Instagram accounts for their careers info. Here is a sample. It is worth checking on Twitter too. Search using the word Careers followed by the name of an employer or sector: e.g. Careers Health. (You may also have to add either UK or England to narrow down your search).

@careukcareers	@careersinracing
@careersweek	@deloittecareersuk
@disneycareers	@eyukcareers
@hm_careers	@itventrycareers
@joinusbarclays	@lloydspharmacycareers
@porsche-careers	@pwc_uk_careers
@siemenscareers	@tahotelcollectioncareers
@vodaphonecareers	@unileverglobalcareers

POST 16 – EDUCATION PROVIDERS

The following list includes local sixth forms and further education colleges, where you can explore options for A' Levels, vocational diplomas, apprenticeships, T Levels* or traineeships. We have also included examples of providers further afield. Please note that the Cambridge sixth forms start their open day and admissions process for Year 10 students in June before you start Year 11.

Abbeygate Sixth Form: www.abbeygatesfc.ac.uk

County Upper Sixth Form: <http://burytrust.org/county/atschool/sixthform.htm>

St Benedict's Sixth Form: www.st-benedicts.suffolk.sch.uk/sixthform

Thurston Community College Sixth Form: www.thurstonsixth.org

West Suffolk College: (Further Education College) www.wsc.ac.uk

FURTHER AFIELD

Hills Road (Cambridge) – Sixth Form - <https://www.hillsroad.ac.uk/>

Long Road (Cambridge) - Sixth Form - <https://www.longroad.ac.uk/>

Suffolk New College (Ipswich) - FE College, including Otley College www.suffolk.ac.uk

Suffolk One (Ipswich) - Sixth Form & FE College - www.suffolkone.ac.uk

***Please Note: T Levels are a new two year qualification**, with some courses being launched in September 2020. One T Level qualification is equivalent to 3 A' Levels and offers a blend of specialised study with 45 days spent in an industry placement. The first courses that are being rolled out include *Design, Surveying and Planning for Construction; Digital Production, Design and Development; Education and Childcare*. More information can be found at: <https://www.tlevels.gov.uk/students> where you can also use a Postcode Search to find out which colleges near you will be offering T Levels from 2021

IMPORTANT: If your future plans after sixth form or college are to study for a degree qualification at university or continue onto a degree apprenticeship, before deciding your next steps, it is advisable to research the qualifications you will need for your future Higher Education studies. Where many undergraduate degree courses are flexible, some require you to complete certain A 'Levels or Level 3 diploma subjects first, achieving specific grades or qualifying with a certain number of UCAS points. If you have a specific career path in mind that requires you to study for a degree, it is useful to do some research now. More information can be found in the **Planning Ahead** section on page 6.

APPRENTICESHIPS

Apprenticeships are paid employment opportunities where you can earn while you learn. The process involves you applying for the advertised job role and if successful, the employer will also guarantee a learning and training programme for you to achieve a qualification. This could be at a Further Education college, at the company's training headquarters or with an external training provider.

There are different levels of apprenticeships, right from when you leave school with your GCSE qualifications up to degree level apprenticeships that you can access after sixth form or college. The sectors where apprenticeships are offered are broader than ever before. There has been some potential fluctuation in opportunities since the Coronavirus outbreak. However, for further information and to find apprenticeship opportunities, use the following links:

West Suffolk College Apprenticeships Team – the college is the training provider for a wide range of local apprenticeships, supporting apprentices for over 1000 employers. The team advertises local vacancies and can help you with your application.

<https://www.wsc.ac.uk/find-a-course/apprenticeships>

Amazing Apprenticeships – The Amazing Apprenticeships team works with Sybil Andrews Academy to offer advice in school and online about apprenticeships and the application process. For the latest apprenticeship vacancies and how to access support, visit <https://amazingapprenticeships.com/vacancies/>

Amazing Apprenticeships also have free online resources for parents & carers on how you can support students. Visit the following link and search for Parent Pack: <https://amazingapprenticeships.com/resources/> Here is an example of the resources available: <https://amazingapprenticeships.com/app/uploads/2020/05/Parent-Pack-May-2020.pdf>

Live broadcasts are also available at <https://amazingapprenticeships.com/live-broadcasts/>

Apprenticeships: apprentice hub – The national apprenticeship site managed by the UK government provides lots of guidance on apprenticeships and advertises all vacancies. <https://www.apprenticeships.gov.uk/apprentice/what-is-an-apprenticeship>

Find a traineeship – If you are haven't got the right qualifications for an apprenticeship, a traineeship might be your preferred route, enabling you to improve your skills through training while getting some work experience. Please note that these are unpaid. <https://www.gov.uk/find-traineeship>

PLANNING AHEAD - HIGHER EDUCATION

For students who wish to go to university to study an undergraduate degree or apply for a degree apprenticeship, preparation starts in earnest in Year 12, where your college/sixth form mentors and careers advisors will help and guide you through the UCAS application process, including personal statements and finance. However, it is useful to do your own research while at Sybil Andrews as part of your personal careers planning, where you can research the qualifications needed to apply for a specific undergraduate degree that might interest you.

www.ucas.com – everything you need to know about higher education and what the application process will involve. UCAS is the organisation that manages the application process. Also has advice on alternatives to university, including sponsored degree apprenticeships www.ucas.com/alternatives-to-university

www.prospects.ac.uk - provides an overview of universities and degrees. Also includes a matching tool to find careers that might suit you. Also has advice on alternatives to university, including sponsored degree apprenticeships: www.prospects.ac.uk/applying-for-university/alternatives-to-university

www.theuniguide.co.uk/– what to study, where to go and how to get there. Has useful advice on personal statements and also a tool where you can compare university courses, student feedback and destinations & salaries after completion. Also has advice on sponsored degree apprenticeships www.theuniguide.co.uk/advice/choosing-a-course/is-a-higher-or-degree-apprenticeship-really-right-for-you

www.informedchoices.ac.uk/ - An interactive website created by the Russell Group of universities, supporting students in finding out more about subject choice and the impact that A levels (or equivalent qualifications) have on their degree options.

The Times Higher Education – Applying to Oxbridge (Cambridge University or Oxford University): This article provides an insight from an undergraduate student. An interesting read for prospective students who might be put off by the prestige and why you shouldn't be. <https://www.timeshighereducation.com/student/blogs/what-i-learnt-applying-oxbridge>

PLANNING AHEAD - VOLUNTEERING OPPORTUNITIES

Volunteering provides excellent work experience and an opportunity to develop your employability skills as well as the many other benefits of helping others. You can then add your experience to your CV or course applications to show employers or college admissions departments more about your character and personality. Here are a few sites that are worth exploring:

Do-It – volunteering opportunities for 16-25 year olds - <https://do-it.org/>

Community Action Suffolk – Volunteering opportunities in Suffolk. www.communityactionsuffolk.org.uk

NCS – A summer programme of activities for 16-17 year olds, which takes place at the end of GCSEs. Find out more in Year 11. <https://wearencs.com/>

PERSONAL CAREERS GUIDANCE

Appointments are made for all Year 10 & 11 students to have at least one careers guidance interview with our Careers Advisor, Mrs Cannard, before they make their Post-16 choices. Students in other years can also email Mrs Cannard for an appointment. Referrals, on behalf of students, can also be made by parents and carers too. Email kcannard@sybilandrewsacademy.co.uk

Further advice can also be obtained from the National Careers Service helplines below:

CAREERS HELPLINE FOR TEENAGERS

[National Careers Service](#)

Call the National Careers Service helpline for information and advice about jobs, careers and training if you're 13 or older in England.

National Careers Service helpline

Telephone: 0800 100 900

Text messages: 07766 413 219

Textphone: 0800 096 8336

Monday to Sunday, 8am to 10pm

[Find out about call charges](#)

You can also [arrange for a National Careers Service adviser to call you](#) - this won't cost you anything.

EXAM RESULTS HELPLINE

Contact the National Careers Service Exam Results Helpline for free advice if you've received exams results that weren't as good as you were expecting. The helpline is open from A level results day until a week after GCSE results day.

0800 100 900 [Find out about call charges](#)