

RSE in the Jigsaw PSHE curriculum

The Relationships and Sex Education aspect of the PSHE curriculum is highlighted in red below.

Personal, Social, Health and Economic (PSHE) Education has now been part of the National Curriculum for over 10 years, and is intended to support pupils' learning and personal development. PSHE education equips children and young people with knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. PSHE education encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in managing their finances effectively. It also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. Each student at Sybil Andrews Academy follows a PSHE education programme which is delivered during PSHE lessons, with some topics being covered as part of the RPE and Citizenship programme of study. PSHE education programme of study covered throughout key stages 3 & 4:

Curriculum Map - PSHE

[illegible]

[illegible]

[illegible]

Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Being me in my World	Dreams and Goals	Healthy Me	Relationships		
Topic	<p>Equality in relation to disability including hidden, consequences of not adhering to Equality Act, employers' responsibilities, benefits of multicultural societies, impact of unfair treatment on mental health, misuse of power, campaigning for equality</p>	<p>Aspiration on; career, finances, relationships, health. Skills identification, realistic goals, gambling, financial pressure, debt, dream jobs, skill set, education and training options, long-term relationship dreams and goals, parenting skills and challenges, resilience, what to do when things go wrong.</p>	<p>Managing anxiety and stress, exam pressure, concentration strategies, work-life balance, sexual health, hygiene, self-examination, STIs, sexual pressure, fertility, contraception, pregnancy facts and myths, identifying a range of health risks and strategies for staying safe</p>	<p>Stages of intimate relationships, positive and negative connotations of sex, protecting sexual and reproductive health, safely ending relationships, spectrum of gender and sexuality, LGBT+ rights and protection under the Equality Act, "coming out" challenges, LGBT+ media stereotypes, power, control and sexual experimentation, forced marriage, honour-based violence, FGM and other abuses, hate crime, sources of support</p>	Exam Focus	Exam Focus
Assessment	<p>Learning Journals Workbook page</p>	<p>Learning Journals Workbook page</p>	<p>Learning Journals Workbook page</p>	<p>Learning Journals Workbook page</p>		