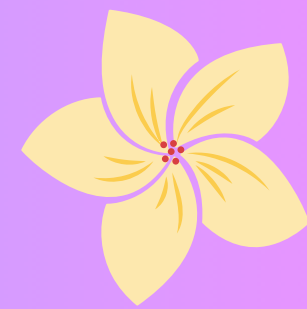




SUMMER SUPER- CURRICULAR CHALLENGE



We are Kind

Showing care, compassion and consideration for others, making a positive difference through our words and actions

- Write a thank you note to someone who has helped you
- Carry out a random act of kindness, such as helping a neighbour or family member with a task
- Donate unwanted books, toys or clothes to a local charity

We have Courage

Having the confidence to face challenges, try new things and stand up for what is right

- Try an activity that takes you out of your comfort zone, such as speaking in front of a group or joining a new club
- Learn about a person who showed courage and explain what you admire about them
- Stand up for someone who is being treated unfairly or encourage someone who is finding something difficult

We take Responsibility

Taking ownership of our actions, making positive choices and contributing to our community

- Complete a household chore regularly for a week without being reminded
- Create and follow a timetable for reading
- Help organise or take part in a community or environmental project, such as a litter pick or fundraising event