



Ref: NHo

September 2026

Dear Parents/Carers,

Information regarding PSHE/RSE lesson content during Term 1 (September-December) 2026-27

I am writing to you today to inform you of the lesson content for PSHE/RSE lessons across the first term of the 2026-27 academic year.

I will be communicating termly, to ensure that all parents/carers are kept up to date and aware of the content students will be receiving during their PSHE lessons. Please see below a year group summary for the first term.

Year 7: Identity, Influences, Peer Pressure and Belonging, Online Identity, Consequences of What People Say and Do Online (inc Sexting), Prejudice and Discrimination, Stereotypes, Human Rights and Protected Characteristics and Bullying.

Year 8: Identity and Influence, My Family and Family Factors, First Impressions, Faith and Beliefs, Prejudice and Persecution, LGBT+ Phobia, Social Injustice and Hate Crimes, Mutual Respect and Tolerance and How Can I make a Difference?

Year 9: Being Me in a Group, Expectations and Perceptions of Relationships, Peer Pressure and Grooming, Risks, Consent, The Power of Positive Language, Banter and Bullying, The Power of Understanding, More Than Words (Bullying and Harassment), Looking Beyond Assumptions: Challenging Bias and Stereotypes (Misogyny focused).

Year 10: How I Feel When Things End (Grief), How Social Media Affects Me, My Identity and Culture, Rated and Personal Data Sharing: How Risky Is It, Multicultural Society, Equality and Inequality: What Does it Mean in the UK, Power in Relationships, Resilience and Relationships.



Year 11: Becoming An Adult, Relationships and the Law, County Lines, Gambling, Gaming and the Illusion of Control, Managing Anxiety, Money and Budgets and Long-Term Family Goals.

Should you have any questions/concerns, please do contact me.

Kind regards,

Nathan Hope

Head of Year 8, Lead Teacher of PSHE and Citizenship and Senior Mental Health Lead